

Types of programmes

Mindfulness!

In life
At work
During relaxation

The main focus of our programmes is **environmental protection** and **sustainability, healthy lifestyle** and **social responsibility**.

Our **Charity Teambuilding Programmes** give executives the opportunity to combine corporate social responsibility with teambuilding. The key to achieve the goals is that participants can identify with the work and the organization they are helping. Therefore, we offer charity programmes to our partners in various fields.

Adventures

Extreme situations within reason: **adventure hike** with the use of GPS, **E-bike tour**, **Indian track**, **scooter ride** on the mountains. What happens when there is no leader? What is the extent of personal responsibility? Improving empathy and cooperation.



Farm visits

Get to know **local family farms, manufactures**, production, stories and classification system. Improves communication skills and understanding through getting to know rural walks of life and culture, **sustainable production**.

Protected flora and fauna

What is our role in environmental protection? How are we connected to nature? **Birdwatching, boat or canoe tour, petting zoo, wool manufacturing, stud** and breathing nature. Learn how to take responsibility! CSR.

Handicrafts programmes

Preparing gifts gives you the pleasure of creating and helps to preserve traditions. **Pottery, glass blowing, sewing baskets, preparing cheese or chocolate**. They all improve creativity and problem-solving skills.



Gastronomic adventures

Do you want to know how to prepare **dödölle**, make **cheese, strudel, honey, pálinka** or **polenta**? Make them from local ingredients! Healthy lifestyle, conscious choice.



From our portfolio



Gourmet team building at Etyek with wine tasting



Bird protection – CSR team building adventure at Lake Balaton

E-biking, fine dining and folklore team building at Vendvidék



Eco-adventure in Bükk or in Őrség National Park



Environmental protection programme in Mecsek hills or at Lake Tisza



- Duration: 1-3 days
- Participants: 4-60 people
- Programmes: teambuilding training
memorable adventures
family trips
CSR programmes
company events in the countryside
- Location: Hungary and Central and Eastern Europe region
- Accommodation: eco guest houses, green hotel, farm, pension
- Organization: 1-3 project manager by arrangement
- Costs: depends on programmes and accommodation

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